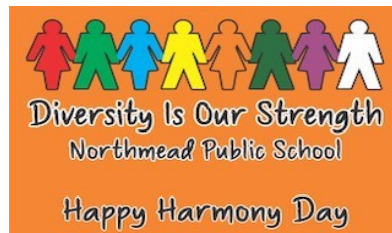


Harmony Day 2023

Tuesday 21st March 2023



What to wear: On the day children are encouraged to wear **something orange** with their uniform as that is the official colour of Harmony Day. For example: an orange t-shirt, ribbon, hat, socks.

Cultural Dress: Children may like to wear clothing that represents their cultural background. They could wear all or part of it (must wear closed in shoes).

Activities: Students will be involved in Harmony Day activities in their classes.

Family & Carers Picnic: You are invited into the school grounds to share a picnic lunch with your child/children and the school community. Please bring your own food and something to sit on. Lunch will begin at 1.10pm.



Lunch: Students may pre-order a 'Harmony Day' lunch from the canteen using the **Qkr!** app.

My Cultural Background: We would love families to send into school any information about their cultural background, this could include: creating a video that shares information about your cultural background, sending in a cultural story (in a book or recorded on video), writing in your first language, toys, photographs, a video of yourself speaking your home language or telling a story about your family's place of birth. Email videos to northmead-p.school@det.nsw.edu.au Attention Mrs Fletcher.

NPS Multicultural Cookbook: This year we are creating our inaugural NPS cookbook which we are aiming to fill with recipes that reflect our school community. We are asking families to send in a recipe that reflects their culture – *please type it onto a Word Document or a Google Doc and include photos of the food and your family (if you like)* and email it to northmead-p.school@det.nsw.edu.au Attention Mrs Fletcher. These recipes will be collated and published into a recipe book that you may purchase.



Food Bank Drive: Food brings people of all cultures together, however, *one in six people in Australia do not have enough food to eat*. At NPS we would like to support those families, by donating non-perishable goods to 'Food Bank'.

Please see over for examples of goods that can be donated.



Harmony Day Student Lunch Orders Tuesday 21st March



To celebrate Harmony Day students will be able to pre-order a 'multicultural' lunch from the canteen.

Pre-boxed order \$8.00

All orders must be placed via the Qkr! app.

Orders will close on Friday 17th March. The app can be downloaded from the Apple Store or Google Play.

No other lunch orders will be available on the day.

If there are any questions please contact the canteen via email at:
ourschoolcanteen@gmail.com

Food Bank Donation Suggestions

All non-perishable pantry items that are in-date and personal hygiene and household items are welcomed.

A few key items include;

- Good quality tinned food and meals (with ring pulls)
- Noodles, pasta, and rice
- Long life milk
- Muesli bars and snacks
- Deodorant, soap and body wash
- Shampoo, conditioner and sanitary items
- Baby food and formula
- Pet food
- Bottled water



Donations may be brought to school and delivered to the library from Wednesday 15th March until Wednesday 22nd March. Many thanks.

For more information about Food Bank please head to their website:

<https://www.foodbank.org.au/?state=nsw-act>