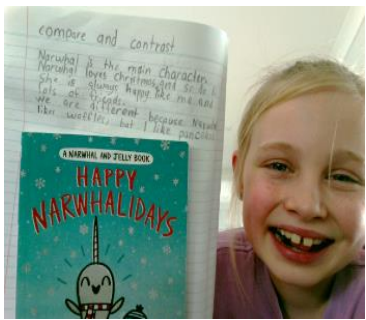




# NORTHMEAD NEWSBREAK



In the school holidays

my family had a picnic with my friend family in the Central Gardens Park.

- We saw some ducks and chincilc swimming in the lack, the trees around the lack are tall and big. its a beautiful place. We played 3hours, then we each went home.

What a nice day!

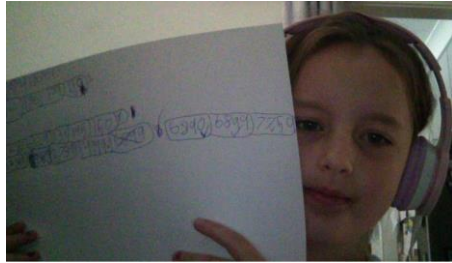
Oboc  
Tiptoe  
woc  
bominoes  
volranoes  
again so  
when  
going  
thought

the shinkansen  
bullet train goes  
very fast.

I Like to have  
roast potatoes  
with my dinner.

When I go back to school, I am looking forward to

**Play with my friends and Have fun!**



This may look very random to most people but to me i understand everything about this "scribble" (probably because I did it) but I was listening to a particularly fiery and upbeat song that lead me to drawing lots of different lines and shapes across my page. When the song would have a sudden beat drop, my pencil would become darker and more visible.

my day!(with my grandparents)

sudoku

1	3	2	4
2	4	3	1
4	2	1	3
3	1	4	2

peanut butter cup cookies  
soooooo good  
recipe

delicious homemade pizza for lunch

kids puzzles from newspaper

saddles with harness

## AT A GLANCE! 2021 DATES TERM 4

### FORWARD PLANNING

- ☞ Term 4 started Tuesday October 5 : **Learning from Home and COVID-19 LGA restrictions continue**
- ☞ **STAGGERED RETURN TO SCHOOL NSW**  
Level 3+ School Status  
Monday 18 October  
**Kindergarten | Year 1**  
  
Monday 25 October  
Level 3 School Status  
**Years 2-6**
- ☞ **2022 Kindergarten Parents**  
Information Session  
**19 Oct – 6:30pm** via ZOOM  
Link via email and website
- ☞ **OC TEST** planned for 6 October – delayed testing arrangements to be advised as soon as possible
- ☞ **P&C ZOOM Meeting**  
Wednesday 20 October 7pm
- ☞ **WORLD TEACHERS DAY**  
**#BrightFuture**  
Please wear **Bright/Sparkly Clothes** on Friday 29 October



### Dear Northmead P.S. Community:

Welcome Back to Term 4 and how wonderful that we will soon all be back together at the school. I will continue to provide all families with the latest updates from NSW Education and NSW Health to maintain the safety for all students and staff. We will follow all NSW Health guidelines and any Public Health Orders, including keeping cohorts separated in classes and on the playground. We realise there will be challenges around pick-up arrangements in the afternoons due to our busy roads and we thank you in advance for your cooperation and patience as you wait for your students **outside the school grounds**. Please consider/note:

- \* if possible, find a safe place **away from the gates** to wait for/meet your child in the afternoon. For independent students, drop them off a short distance from the school so they can walk to school or meet you safely in the afternoon away from the school;
- \* **late arrivals/early departure and medication delivery**: Please call the school office or “buzz” at Moxhams Road gate. An Admin staff member will meet you at the Moxhams Road gate to escort your child to or from class and pick up any medication. **Parents are not permitted to accompany their student into the Admin building**;

### DROP-OFF/PICK-UP | COVID SAFE

**From Monday 18 October**, there will still be **minimal teacher supervision for students of essential/authorised workers in Years 2-6**. Students in Years 2-6 who return before Monday 25 October because of parent work requirements, **will not be in their own classes** but remain with alternate teachers in Year groups. They will continue to access the N.P.S. on-line learning platform. Teachers of Years 2-6 will still be monitoring students on their digital platforms of SeeSaw and Google Classrooms and will not be available for face-to-face class-based learning.

**Kindergarten and Year 1 only** will return from **Monday 18 October** to be with their own class and teacher. When arriving, students in Kindergarten and Year 1 **will move to the Hall/Canteen area** and be supervised by a teacher from 8:30am. Other students who have returned will be in **Area A**. Please adhere to staff instructions when picking up your child. **Please do not seek to have a conversation with your child’s teacher when picking up in the afternoon**. If you wish to speak to your child’s teacher, please email or phone the school so your teacher can make an appointment to ring you at a mutually convenient time.

**Please see student year group gate locations and pick up arrangements on the “Important to Know What’s Ahead @NPS” page.**

### ARE YOU MOVING ELSEWHERE 2022? PLEASE LET US KNOW!

In order for us to be up-to-date for 2022 class planning, we ask that **families with students in K-Y5 who already know they will not be returning in 2022 to inform the school by phone call or email** as soon as possible. A form you can use appears later in this Newsletter.

### “ABOVE AND BEYOND” | PRINCIPAL AWARDS

Congratulations to our latest students who have received their **“Above and Beyond” Principal Award**. Please see student names published later in the Newsletter. We look forward to being able to present these in the future “in person” to the deserving students who are demonstrating excellence and motivation with their learning and how they engage with school life. Congratulations to you all for being **“Your Best Self”** during Learning From Home and now as we all return to school in Term 4. **We are incredibly proud of you all!**

*We sincerely thank all our families for their ongoing support of school learning and variations to organisation during as we continue to navigate being COVID-safe together.*

*“There are far, far better things ahead than any we leave behind.”*

C.S. Lewis

*I look forward to chatting with you in Term 4 in the next Northmead Newsbreak ...*

*...Anne Ezzy (Principal)*

Thought for the Week

WORLD  
TEACHER'S  
DAY





## COVID SAFE DROP-OFF/PICK-UP | MONDAY 18/10 (K/1) AND MONDAY 25/10 (K-6)

When arriving next Monday 18/10, students in Kindergarten and Year 1 **will move to the Hall/Canteen area** and be supervised by a teacher from 8:30am. Other students who have returned will be in **Area A**. Please adhere to staff instructions when picking up your child. **Please do not seek to have a conversation with your child's teacher when picking up in the afternoon.** If you wish to speak to your child's teacher, please email or phone the school so your teacher can make an appointment to ring you at a mutually convenient time.

### Pick Up Gates:

- \* Kindergarten will be picked up at 2:45pm from Kleins Road gate
- \* Year 1 will be picked up from 3:00pm at Kleins Road gate
- \* Year 2, 5 and 6 will leave via the Bus Gate on Kleins Road
- \* Years 3 and 4 leave via Moxhams Road
- \* Kiss and Drop – please stay in your car till your child/children meet you. Please observe all traffic rules.
- \* Students meeting up with younger siblings to walk home or meet parents together, will meet outside Block C near the demountables at Moxhams Rd at 2:50pm. They may leave at 3pm via the NOOSH gate or Moss Street
- \* Students/siblings who walk home independently and are not meeting parents may also use Moss Street

Thank you for your cooperation with pick-up arrangements and gate locations.

## STAGGERED RETURN TO SCHOOL – COVID-19 UPDATE

- \* **Masks are strongly recommended for all students, at all times, indoors and outdoors.** For more information, refer to Masks and face coverings.
- \* Classroom teachers will ideally be the allocated teacher for their cohort. Schools may use additional flexible staffing arrangements to support the delivery of face-to-face and home-based learning for that cohort. For example, the following members of staff may be asked to provide additional support: EAL/D, RFF teachers, Learning and Support Teachers, librarians, SLSOs etc.
- \* Break times and playground areas will be staggered by cohort.
- \* **All canteen orders are to be done via the QKR app or ordered by students in the morning (please see Jo's Canteen update later in the Newsletter). There will be no access to the Canteen by students at recess or lunch. All pre-orders will be delivered to classrooms.**
- \* Within each cohort, students should maintain strict personal hygiene and physical distancing wherever possible.
- \* **Parents/carers will not be permitted on site.**

### **In Term 4 on staggered return to school ... Parents/Carers please note:**

- \* you may not access the school site but remain outside the school gates
- \* please obey the road rules and parking signs as they are still in operation
- \* please take care driving in the school zone as more children may be walking or cycling to school
- \* try to find a safe place away from the gate to wait and meet their child in the afternoon
- \* follow school's arrangements for students who arrive late to school
- \* follow wet weather arrangements to minimise amounts of people in one area
- \* drop-off independent children away from the school so they can safely walk into the school
- \* walk child/ren to school if possible, or park away from the school and walk to stop congestion at kiss and drop zones
- \* parents who enter the school gates must check in and check out using the Service NSW QR code.



## COVID-19 | NSW DEPARTMENT OF EDUCATION | UPDATE FOR NORTHMEAD P.S. FAMILIES

Dear Northmead families,

Please see the resources sent home on Wednesday via SchoolBytes, Skoolbag and posted on our school website around the Return to School – Roadmap and advice for families. We hope that those of you who attended our parent/carer information evening on Wednesday 13 October found this helpful and informative.

I hope you are all back into the swing of learning from home for the beginning of Term 4. This term will see a lot of changes as we gradually transition back to face-to-face learning as the Premier announced in the adjusted return to school plan last week. Below are the key dates and details to help prepare you and your family for the return, including some changes in the staged return to school.

### **Return to school roadmap for Term 4**

From 25 October, schools in LGAs that are no longer operating under stay-at-home rules will move to [Level 3 operations](#) and a full return of all students with reduced mingling and on-site activities. Masks will be required on site for all staff indoors and outdoors.

### **Order of return under staggered approach where we remain under stay-at-home rules**

Primary school students will return to face-to-face learning with NSW Health-approved COVID-safe [Level 3 plus](#) settings on school sites in the following order:

- \* From 18 October 2021: Kindergarten and Year 1
- \* From 25 October 2021: Years 2-6 – full return of all students

The return to school roadmap is subject to change depending on new information expected through the Public Health Order and additional advice from NSW Health. You can stay up to date with the most recent advice on [Advice for families page](#).

### **Vaccinations for students aged 12 years and over**

NSW Health are urging all students 12 and over to get vaccinated with the Pfizer or Moderna COVID-19 vaccine as soon as possible before returning to school.

There is currently sufficient supply of the Moderna vaccine to community pharmacies and the Pfizer vaccine to General Practitioners. Bookings can be made via the [Vaccine Clinic Finder External link](#). Depending on location, bookings are available within the next few days.

COVID-19 vaccination is the best protection against severe illness and also reduces the risk of spreading COVID-19 to others. Getting vaccinated against COVID-19 now will help to protect both you, your family and our school community.

### **Learning from Home**

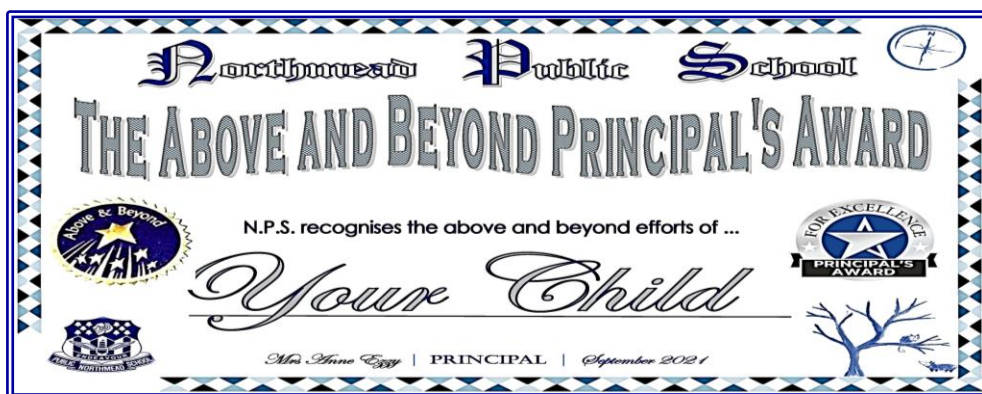
For families who are continuing to learn from home, [the learning from home page](#) has a wide range of curriculum-based activities to further support your child's learning, if needed.

Thank you again for your understanding and support.

Please do not hesitate to reach out if you have any concerns about the return to school. I will be in touch again as soon as I have any further information or updates for you and your children.

Stay well | Stay Safe ... *With kind regards*

*Mrs Anne Ezzly* | Principal



### KINDERGARTEN – STAGE 1 (YEARS 1 AND 2)

CLASS	WEEK 1	CLASS	WEEK 1	CLASS	WEEK 1
KC	<i>Myra A.</i>	1C	<i>Isaak K.</i>	1/2M	<i>Mahdiar M.</i>
KC	<i>Josh B.</i>	1C	<i>Yagiz O.</i>	1/2M	<i>Caleb F.</i>
KL	<i>Emily G.</i>	1D	<i>Jasper S.</i>	2C	<i>Tahreema K.</i>
KL	<i>Josh K.</i>	1D	<i>Myra K.</i>	2C	<i>Daivik P.</i>
KMB	<i>Michael T.</i>	1F	<i>Clarissa J.</i>	2H	<i>Alice G.</i>
KMB	<i>Uday B.</i>	1F	<i>Rayyan K.</i>	2H	<i>Musa A.</i>
KS	<i>Kimora L.</i>	1G	<i>Issa M.</i>	2K	<i>Violet M.</i>
KS	<i>Mubaraka M.</i>	1G	<i>Liam K.</i>	2K	<i>Ethan L.</i>
KT	<i>Banksia McC.</i>	1/2JL	<i>Ivan R.</i>	2P	<i>Evie C.</i>
KT	<i>Aadit Mohod.</i>	1/2JL	<i>Arnica M.</i>	2P	<i>Guy W.</i>

### STAGE 2 – YEARS 3 AND 4 AND STAGE 3 – YEARS 5 AND 6

CLASS	WEEK 1	CLASS	WEEK 1
3/4A	<i>Arda A.</i>	4/5F	<i>Poppy J.</i>
3/4A	<i>Samantha J B.</i>	4/5F	<i>Noah G.</i>
3/4C	<i>Arianna R.</i>	5/6E	<i>Draco K.</i>
3/4C	<i>Abeni Gardner.</i>	5/6E	<i>Rachel A.</i>
3/4F	<i>Ellie K.</i>	5/6H	<i>Rylan P.</i>
3/4F	<i>Lucas D.</i>	5/6H	<i>Brody N.</i>
3/4K	<i>Angus F.</i>	5/6M	<i>Jubian L.</i>
3/4K	<i>Kshitij M.</i>	5/6M	<i>Oliver H.</i>
3/4L	<i>Ayur M.</i>	5/6N	<i>Chloe H.</i>
3/4L	<i>Philippa T.</i>	5/6N	<i>Kevin A.</i>
3/4M	<i>Sienna A.</i>	5/6S	<i>Zara F.</i>
3/4M	<i>Angus J.</i>	5/6S	<i>Charlotte C.</i>
3/4P	<i>Kaveera G.</i>	5/6W	<i>Violet McG.</i>
3/4P	<i>Joshua M.</i>	5/6W	<i>Winston M.</i>

**Return to School 2022**

PLEASE RETURN TO THE OFFICE

**K-5 STUDENTS NOT RETURNING TO  
NORTHMEAD PUBLIC SCHOOL IN 2022**

To: The Principal, Northmead Public School

My child / children will not be attending Northmead Public School in 2022.

Please print student names below:

NAME: \_\_\_\_\_ Class: \_\_\_\_\_

NAME: \_\_\_\_\_ Class: \_\_\_\_\_

NAME: \_\_\_\_\_ Class: \_\_\_\_\_

Last day of attendance: - \_\_\_\_\_

Name of new school: \_\_\_\_\_

Signature: \_\_\_\_\_

**Returning Late to School- 2022**

To: The Principal, Northmead Public School

My child / children will be **returning late** to Northmead Public School after the commencement of Term 1 (Tuesday 1 February 2022) because

\_\_\_\_\_

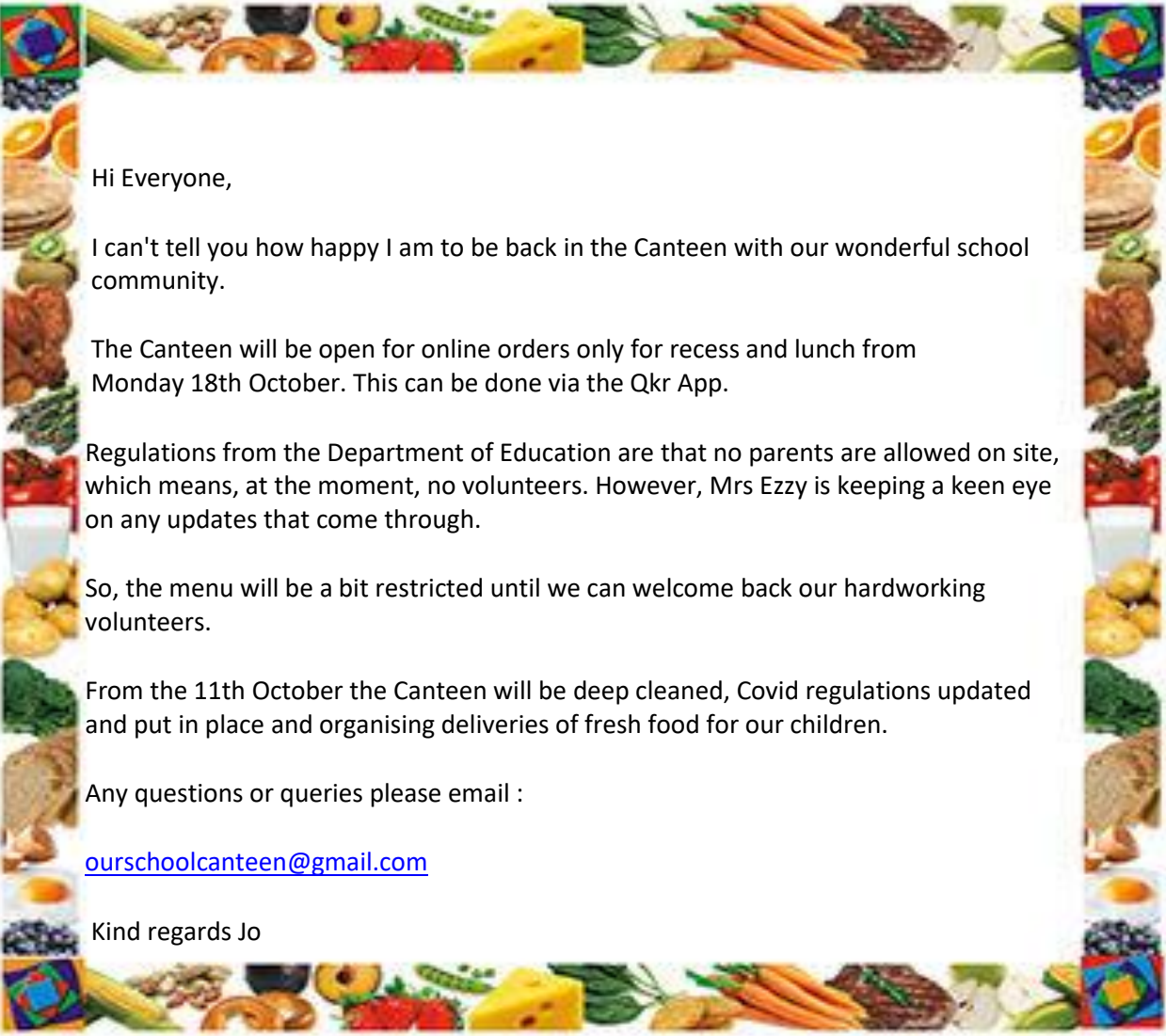
The anticipated date of return is: \_\_\_\_\_

NAME: \_\_\_\_\_ Class: \_\_\_\_\_

NAME: \_\_\_\_\_ Class: \_\_\_\_\_

NAME: \_\_\_\_\_ Class: \_\_\_\_\_

Signature: \_\_\_\_\_



Hi Everyone,

I can't tell you how happy I am to be back in the Canteen with our wonderful school community.

The Canteen will be open for online orders only for recess and lunch from Monday 18th October. This can be done via the Qkr App.

Regulations from the Department of Education are that no parents are allowed on site, which means, at the moment, no volunteers. However, Mrs Ezzy is keeping a keen eye on any updates that come through.

So, the menu will be a bit restricted until we can welcome back our hardworking volunteers.

From the 11th October the Canteen will be deep cleaned, Covid regulations updated and put in place and organising deliveries of fresh food for our children.

Any questions or queries please email :

[ourschoolcanteen@gmail.com](mailto:ourschoolcanteen@gmail.com)

Kind regards Jo

# Supporting children return to face-to-face learning

This document has been translated into a number of languages - [click here](#)

## Helpful tips for parents and carers

Every family has a different learning-from-home story. Here are some ways you can support your child return to school and reconnect with their school community.

### Be positive about returning to school

- Ask your child how they are feeling about returning to school. Your child may be feeling a mix of emotions about their return, so it is important to listen to any concerns and respond in a calm, supportive and reassuring way.
- Promote positive conversations by asking what they like about school and what they are looking forward to when they return. Let them know that school staff are looking forward to seeing them. Your child might like to make a list or drawing about things they have missed about school.
- If they feel nervous or worried, help them understand this is a normal reaction, and that you and their teachers are there to support them.
- If your child has questions about COVID-19 provide factual and age appropriate information. Let them know everyone at school is working hard so that everyone is safe.
- Consider limiting media content your child is viewing if it is contributing to worry or distress.
- Remind your child that everyone at school is working hard to make sure that everyone is safe and that anyone who is unwell will stay home.

### Prepare yourself and your child for changes and new school procedures

- Look at the school website, Facebook page and newsletters to learn about new procedures that may have been introduced such as changes to parents' access to the school grounds, drop off and pick up points as well as new rules such as wearing face masks or hygiene rules.
- Discuss new procedures with your child and plan together how these changes will be managed. The more your child understands the changes, the more comfortable they are likely to feel. If you are unsure about anything, contact the school or your child's teacher.

### Re-establish your routines

- Routines help provide certainty and increase feelings of security, so it will help to re-establish routines and plan for the return.
- In the week before return, bring back the usual wake up, bed and breakfast routines. Set aside time to find school equipment and check uniforms and shoes still fit – your child may have grown. Give yourself enough time to organise replacements or a uniform alternative if needed.
- The day before returning, encourage your child to check their school timetable if needed, pack their school bag, and get their lunch box, drink bottle and uniform ready.



- Allow more time than usual on the first morning back to calmly get ready. Take your child to school if that will help build a greater sense of security. Alternatively, encourage your child to meet up with a friend before school and travel in together.

### **Update the school**

- Let the school know of any concerns relating to your child that may impact their transition back to school. This will assist the school to work with you to plan and put in place appropriate support strategies.

### **At the end of the school day**

- Talk to your child about their day and what they are looking forward to tomorrow. If your child prefers, get them to write down or draw their feelings.
- Provide opportunities for your child to play and relax at the end of the day. Returning to school may contribute to tired and emotional reactions at the end of the day.
- Help re-establish after-school routines to review the day's learning and complete homework tasks
- Consider having extra family time together as your child may have missed being at home with you.

### **Supporting your child**

- Returning to school routines may take some time. Reassure your child that this is normal. Encourage them to ask for help if they need it
- Take care of your own wellbeing while supporting your child's return to learning at school. You may have some children returning to school while others are continuing to learn from home. You can help your child by explaining that all children will be returning to school soon.
- If they are finding things difficult, remind your child of times in the past when they were able to do things that were difficult and face situations that made them nervous or scared.
- If you are concerned about your child, seek support by contacting the school.

### **How you can help your school community**

- If you are picking your child up from school, please be sure to follow the guidelines for your school.
- Please practice physical distancing at pick up time.

### **If you need help and support**

- If you have specific questions about the return you can contact your school.
- For more ideas to support you and help you support your child, please visit the department's [Mental health and wellbeing pages](#).

## **Telephone Interpreter Service**

If you need further information please call your school principal. If you need an interpreter to assist you with your enquiry please call the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language. You will not be charged for this service.

# Kindergarten's Flat Teacher

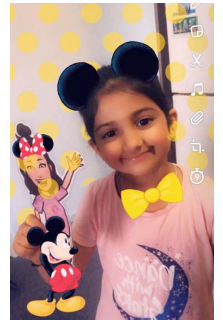
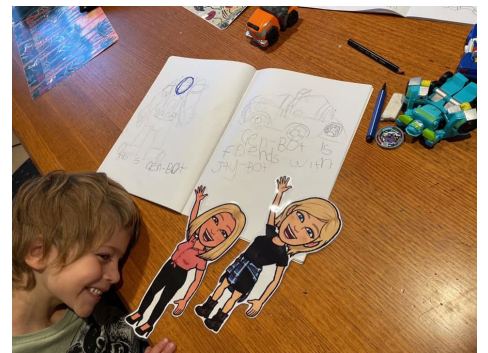
Hope you enjoyed your mango smoothie Miss Chen

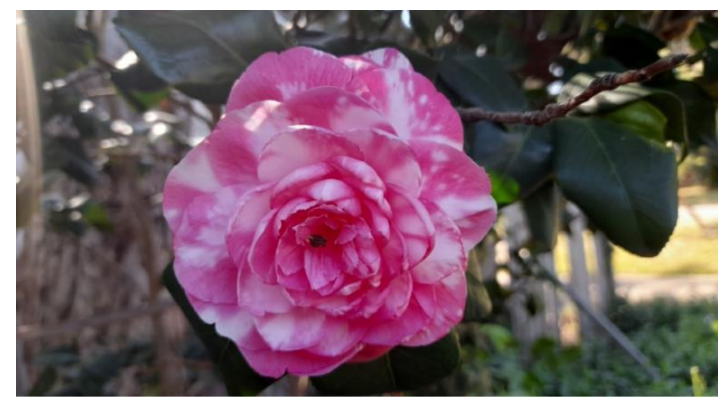


## Adventures!



Dressing Up With Mrs Taylor

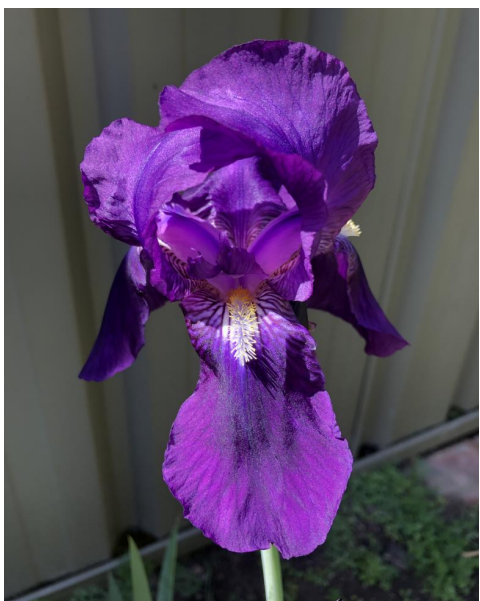




# 1F Flowers



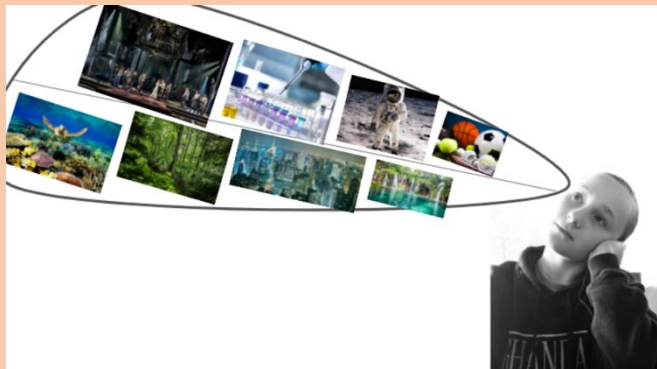
rayyanz garden flowers  
🌹🌻



# STAGE 3



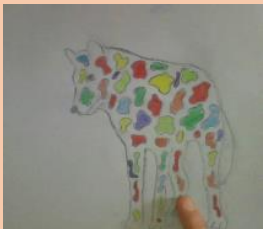
Clever artists experimenting with the colour wheel.



Wellbeing Wednesday image portraits




Animals with patterns



**Giraffes**  
 Long beautiful necks  
 Sways with the breeze  
 Likes to walk slowly  
 Patterned

**The slow Koala**  
 Asleep in the trees  
 The koala moves slowly  
 To eat yummy leaves

**Husky Haiku**  
 Coat as white as snow  
 Wind on fur as you run by  
 Howling in the night



**Giraffes**  
 Giraffes  
 Spotted, tall  
 Clumsy, slow, falling  
 Perfect in there own way  
 Beautiful

**STAGE 3 LITERACY LEGENDS!**  
 Cinquain and Haiku poems,  
 Spelling Practice, and  
 Grammar

**Butterfly**  
 Butterfly  
 Graceful wings,  
 Gentle touch,  
 Dainty,  
 Beautiful butterfly.



**Parrot**  
 Parrots  
 Colourful, bright  
 Smart, beautiful, unique  
 Flying over trees  
 amazing

**Dogs**  
 Dogs are soft and fun  
 They like to run, jump and play  
 Play fetch in the park

**Snow Leopard**  
 Floating over the snow  
 This fierce spotted predator  
 Proudly creeps back home



**Elephant Poem**  
 Elephants are big  
 Elephants have long white tusks.  
 They lumber around.

**Elephant**  
 Big thundering steps  
 Gentle protective giants  
 Colossal grey ears

**The Snowy Owl**  
 A snowy beauty  
 Diving through the cold  
 night air  
 A wise snowy owl.

**Tigers**  
 Tigers  
 Lurking  
 Patient, camouflaged  
 Strong, fast, impeccable  
 Unique stripes, perfectly placed

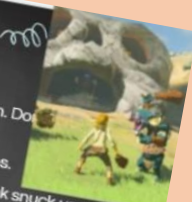
**Arowanas**  
 Elegant, striking  
 Shiny, beautiful, graceful  
 Gliding effortlessly through the water  
 Astonishing

**Giraffe**  
 Tall, yellow figures  
 Blotchy patterns all around  
 Eating leaves of trees

**Tiger**  
 Beautiful, Majestic  
 Sneaky, Powerful, Fast  
 Striking, Stunning, Graceful, Stealthy  
 King Of The Jungle

**Synonyms**  
 Replace the underlined words with a synonym/s. But be careful to retain the meaning of the original sentence or phrase. The first one has been done for you.  
 Use this link to use an online thesaurus <https://www.thesaurus.com/browse/loiter>

Busy birds twitter and chunter	Hectic, energetic
Flies, lurk, <u>loiter</u> and listen	Dawdle, dally, linger, wait, lounge, laze, idle, skulk
Leaves flit, <u>float</u> and flutter,	Drift, levitate, hover, defy gravity, glide, buoyant, stay afloat
Butterflies <u>flock</u> in an elegant flurry,	Group, congregation, herd, crowd,

**Extension**  
 Choose an image and write a short story using your prediction. Do   
 \*Link, our brave hero is fighting a gang of mischievous bokoblins. He needed to raid the bokoblin camp for weapons and food. Link snuck up on the bokoblin leader and surprised him. Unfortunately a bokoblin sentry saw it and blew his horn, alerting the other bokoblins to Link's presence. The bokoblins quickly grabbed the nearest weapons to defend themselves. Link has his club ready to slash at the bokoblin. The bokoblin leader raised his club on the air to hit Link, but Link dodged just in time and defeated the bokoblin without breaking a sweat. The weapons and food Link got from the camp would be used to defeat Ganon.

**Word Meanings:** Match these '-ory' words with their meanings. Draw a coloured line from each word to the correct meaning (or colour match the word and its meaning). You **will definitely** need to use a dictionary to help you.

giving an explanation about something	a thing which can be added to something else in order to make it more useful, versatile, or attractive.	<b>Words</b> • directory • computatory • explanatory • respiratory • laboratory • observatory • depository • history • accessory • promontory	a place, especially a large building, for storing things	a building from which scientists can watch the planets, the stars, the weather, etc.
reading in buildings	a narrow area of high land that sticks out into the sea, a headland	a room or building equipped for scientific experiments, research, or teaching	required by law or a rule	a book that gives a list of names, addresses, or other facts
the study of past events, particularly in human affairs				

**Antonyms**  
 Antonyms are words that have the opposite meaning to another word.  
 Change the meaning of the phrases below by using antonyms for the underlined words. The first one has been done for you.  
 Use this link to use an online thesaurus <https://www.thesaurus.com/browse/loiter>

My head is full of <u>hurry</u>	Dawdle, delay, slow,
Wings <u>shimmering</u> 'til they whizz away	Blackness, dark, dimness, dusk, gloominess, shadow, gloom, obscurity, shadow
Dogs in a bustle <u>scout</u> , scuttle and scurry	Crawling, dallying, slow, sluggish, snail like, unburned, poky, tardy, lethargic, dragging



100 Days of Kindergarten will be held on Friday 29<sup>th</sup> October. Kindergarten students are invited to wear their 100 Days shirt on this day. For more details, please see the note that has been sent home and posted on Seesaw.

# Northmead Public School

## KINDERGARTEN 2022

### INFORMATION NIGHT

Tuesday 19<sup>th</sup> October  
at 6:30pm on Zoom

Meeting Id :  
623 3740 4597

Passcode :  
279534

If you have a child starting Kindergarten in 2022, this is a great opportunity to get more information

### WEBSITE LAUNCH

We will be launching our Kindergarten 2022 Website on

Monday 25<sup>th</sup>  
October

The link will be on our school website.  
[www.northmead-p.school@det.nsw.edu.au](http://www.northmead-p.school@det.nsw.edu.au)

Please check this website regularly for updates.

### INFORMATION PACKS

Parent and student packs will be available for collection at Kleins Rd Carpark on

Tuesday 26<sup>th</sup>  
October

Student surnames  
A-K

10am – 11am or  
2:00pm – 2:30pm

Wednesday  
27<sup>th</sup>October

Student surnames  
L-Z

10am – 11am or  
2:00pm – 2:30pm





NORTHMEAD PUBLIC SCHOOL

Cnr. Moxhams and Kleins Roads Northmead NSW 2152

T: 02 9630 3133



Dear Parents and Carers,

You are invited to attend Northmead Public School's

**[2022 Kindergarten Orientation Program](#)**

This program begins with a **Parent Information Night.**

**Date:** Tuesday 19th October 2021

**Time:** 6:30pm – 7:30pm (approximate finish time).

**Place:** Zoom Meeting

**Meeting Id :** 623 3740 4597

**Passcode :** 279534

Due to COVID restrictions, we are unable to meet at the school. The information night will not only give general information in regards to school readiness, routines and procedures but will also discuss Kindergarten Orientation and starting school for 2022.

Please reply via this email with your name and your child's name if you are able to attend the night as well as any questions about starting school that we can answer on the Zoom before Monday 18<sup>th</sup> October.

We hope that this program contributes to a smooth transition to school for you, your child and family. We very much look forward to meeting you and your child and welcoming you to the Northmead Public School community.

Regards,

Mrs Anne Ezzy

**Principal**

Mrs Leona Taylor

**Kindergarten Orientation Coordinator**





#BrightFuture

Friday 29 October 2021

Australia will celebrate and thank the teaching profession on **World Teachers' Day on Friday 29 October 2021**. On this day, the Northmead School community will celebrate and thank the dedicated, enthusiastic and caring teaching staff at NPS.

Teachers (with support from parents and carers) have ensured education continues across the country this year, despite major challenges. It's reinforced the significant role teachers play in the lives of children and students, their families, and communities.

All students are encouraged to wear something bright or colourful with their uniform on this day. For example: a bright t-shirt with their sports shorts, a colourful hat, ribbons, or socks. Students may also like to bring along a pair of sunglasses to wear!

Attention Kindergarten families: World Teacher's Day falls on the same day as the school's celebration for 100 Days of Kindergarten. Kindergarten students can wear their own special 100 days shirt along with something bright.







## EAL/D News by Melanie Fletcher

EAL/D – English as an Additional Language/Dialect

There are many ways that parents and carers can support their child's language development at home, in both their first language and in English.

Below are some activities that children and their families can participate in at home. For more ideas go to the EAL/D pencil at <https://northmead-p.schools.nsw.gov.au/>

Speaking Activities	Listening Activities	Reading Activities	Play
<p><b>Phone or Video call</b> Phone or video call a family member or friend. Speak in your first language or English.</p> 	<p><b>Story time in your language</b> Listen to someone reading a story in your first language.</p> 	<p><b>Reading aloud</b> Read a book to someone or video yourself reading.</p> 	<p><b>Board Games</b> Play a board game.</p> 

# School Travel for 2022



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## 2022 school travel applications are now open

Students who need a School Opal card or travel pass for 2022 can [apply](#) now. A new application will need to be submitted if they are applying for a school travel pass for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, or who have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications and current entitlements are updated and remain valid. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2022.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

## School Student Transport Scheme site change

On 1 October 2021 the School Student Transport Scheme (SSTS) information and application portal was moved to **transportnsw.info**. This will assist families to find all their travel information in the one place.

### Travel from Term 1 2022

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for the School Student Transport Scheme (SSTS) open at the start of Term 4 2021 for travel in 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a difficult period for local bus operators, and students travelling without a valid ticket make service planning and operations increasingly difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel on a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Please also remember that students using Opal cards must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at [transportnsw.info/travel-info/using-public-transport/school-travel](https://transportnsw.info/travel-info/using-public-transport/school-travel)

Enquiries can be submitted at [transportnsw.info/contact-us/feedback/passes-concessions-feedback](https://transportnsw.info/contact-us/feedback/passes-concessions-feedback)

[Click here](#) to view this email in your web browser.

SCHOLASTIC  **Book Club**

HOME DELIVERY AVAILABLE



**SPECIAL HOME EDITION**  
DIGITAL CATALOGUE



**Welcome to Term 4 and a Special Home Edition of Book Club!**

While many of us continue to juggle life, work, and school for our children from home, we've created a special digital Book Club jam-packed with amazing books for kids to read, creative activities to keep kids occupied, and importantly, fantastic ideas to make screen-free learning fun!

# UNLEASH YOUR CREATIVITY!



MY FIRST  
**I Can Draw**  
Amazing Animals

Item # 634  
\$9.99

**\$4**

INCLUDES 4 BOTTLES OF PAINT, GOOGLY EYES, MARKER & MORE



BOOK & ACTIVITY KIT  
Paint & Peel  
**JELLY STICKERS**  
Includes 60 stickers

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**\$20**



INCLUDES WOODEN FAIRY DOLL, FAIRY DOOR, MINI FAIRY WAND, FAIRY TUTU & MUCH MORE.

Item # 645  
\$24.99

**\$18**

# STOP THE SUMMER SLIDE!



SCHOLASTIC  
Learning Express  
Road to **NAPLAN** Success  
Reading Skills

Item # 665  
\$8.99

**\$5**



Item # 678  
\$45.99

**\$42**



MARVEL  
READY SET LEARN!  
100 Essential Words  
Flashcards

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\$6.99

**\$5**



VIEW HOME EDITION  
DIGITAL CATALOGUE



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## Keeping families and children well

# COVID-19 Bulletin

Information for schools, child care services and family day care services in western Sydney.

Provided by Western Sydney Local Health District's Munch & Move and Live Life Well @ School teams

Welcome to the latest COVID-19 Bulletin, containing helpful information and resources on current COVID-19 topics, as well as practical ideas for childcare services, schools and families to keep everyone healthy and active during this time. **Become a COVID-19 Bulletin subscriber [here](#).**

## LATEST NEWS

### October is Mental Health Month



#### Theme: Tune in

Tuning in means being present. It means being aware of what is happening within you, and in the world around you. Being present by tuning in can help with building self-awareness, making effective choices, reducing the impact of worry, and building positive connections. Read more [here](#).

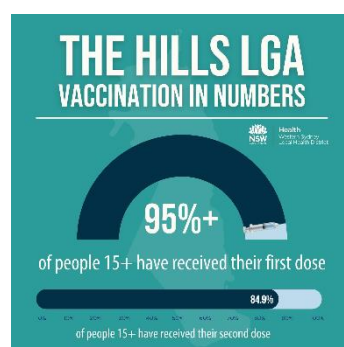
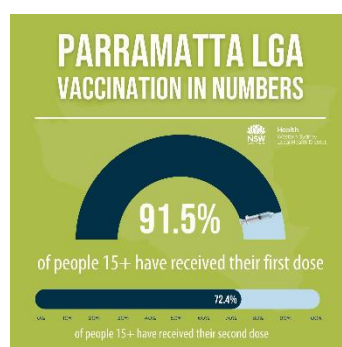
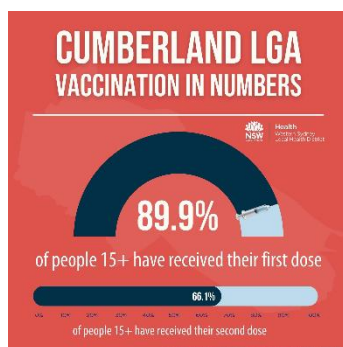
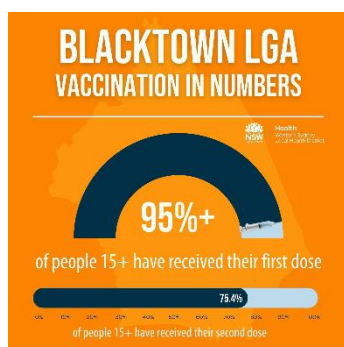
More mental health support and information [here](#).

### COVID-19 vaccination updates



We did it! 70% of people 16+ in NSW are fully vaccinated, as at 7 October.

Western Sydney you are SMASHING the vaccination rates, see below the vaccination rates across Western Sydney LGAs as at 5 October. [Post for sharing](#).



Please encourage your family, friends, neighbours and loved ones to get vaccinated (and remind them to get their second doses too!)

#### For information:

Western Sydney Local Health District – Centre for Population Health

E: WSLHD-LLWats@health.nsw.gov.au, WSLHD-munchandmove@health.nsw.gov.au

www.healthykidswesternsydney.com.au





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### Not vaccinated for COVID-19?

- Everyone aged 12+ years is eligible for COVID-19 vaccination.
- **Vaccinations are available** through GPs, pharmacies, NSW Health vaccination clinics, walk-in vaccination clinics and outreach vaccination clinics. Read more and access booking links [here](#).
- **Know the facts about COVID-19 vaccination** [here](#) and [here](#).

More COVID-19 vaccination information [here](#).

Your COVID-19 vaccination certificate is available through your Medicare online account, Express Plus Medicare app, My Health Record, the Individual Healthcare Identifiers Service and the Australian Immunisation Register. Information [here](#), and in 17 languages [here](#).


### COVID-19 vaccines and children

If you have any questions about COVID-19 vaccines and children, take a look at the Q&As from the National Centre for Immunisation Research and Surveillance [here](#)

Do the vaccines contain ingredients I can't have?

None of the COVID-19 vaccines approved in Australia:

- contain egg or animal products
- can affect or interact with your DNA in any way
- contain anything that can track you
- are unsuitable for people based on religious or faith requirements.

Know the facts #9 

### NSW restrictions






- **Stay at home orders** remain in place for all of Greater Sydney and parts of regional NSW. Find the current rules for where you live [here](#).
- **On 11 October**, the [first easing of restrictions](#) for fully vaccinated people will occur.
  - **This is not Freedom Day**. Some restrictions will ease for fully vaccinated people but restrictions will not be completely removed.
- Amendments to the roadmap were announced today (7 October).
- **All school grades will return by 25 October** (previously 1 November).

Read more at the [NSW roadmap for easing COVID-19 restrictions](#).

More information: [Common questions about the rules, legislation and penalties](#).

## ROADMAP TO FREEDOM FOR FULLY VACCINATED

Some freedoms for fully vaccinated adults have been revised and will come into effect on 11 October:

	Up to <b>10 visitors</b> will be allowed in a home where all adults are vaccinated (previously 5). This does not include children 12 and under.
	Up to <b>30 people</b> can gather in outdoor settings (previously 20).
	Weddings and funerals will increase to 100 people (previously 50).
	All schools grades will return by <b>25 October</b> (previously 1 November).
	Indoor swimming pools will be able to open from next week.
	More amendments to the Reopening NSW roadmap will occur at the <b>80% double dose mark</b> - including removing requirements for masks to be worn in offices.

Get vaccinated now. Book your appointment at [nsw.gov.au](https://nsw.gov.au)  Health Western Sydney Local Health District

### COVID-19 testing and case alerts: new exposure sites in western Sydney

We've seen reductions in case numbers in Western Sydney, but there are still suburbs of concern: **Auburn, Blacktown** and **Mount Druiitt**.

- Please get tested if you have [symptoms](#), even if they are mild. More than 40 Western Sydney testing clinics available. Find your nearest one [here](#).
- Close contact venues that are assessed as a public health risk will be listed [here](#).



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### Surveys – Have your say



[here.](#)

#### Life after lockdown survey

Please take a few minutes to complete our *Life after lockdown* survey to help us understand key concerns and health priorities as we move out of lockdown. Survey found [here](#). You can also send it to your family and friends who live in Western Sydney by sharing this URL <https://www.surveymonkey.com/r/N56J6D5>

#### The Future of Digital Health survey

How would you change healthcare in Australia? Have your say

### Information for families – road map to face-to-face learning

#### Helpful tips returning to school

Some helpful tips resources are available to support students and parents and carers prepare for their return to school:

- [Helpful tips for primary students](#)
- [Helpful tips for secondary students](#)
- [Helpful tips for parents and carers](#)

The **Australian Psychological Society** also released a resource to help transition children back to school in the COVID-19 era. See [here](#) for more details.

#### Emotion coaching tips workshop for parents

22 October, 9.30-10.30am.

This workshop will focus on supporting your child to return to face to face learning. Topics will include the 5 steps of emotion coaching and 'turning in' and 'sitting with'. Register [here](#)

#### How can we keep children safe in schools?

- There are many simple measures that can be taken to [minimise COVID-19 spread in schools](#). These include wearing masks, keeping adults and parents off school grounds and avoiding large crowds.
- The state, territory and Commonwealth governments are working with health and education sectors to implement guidelines that include these and other measures that can minimise the risk of COVID-19 spreading in schools. As soon as they are available we will share them with you.
- Children who are unwell, with even mild symptoms should stay home from school and get tested.



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- Vaccinating adults and children 12 years of age and older will protect people from severe disease and decrease spread to younger children.



For the latest advice on the Roadmap to face-to-face learning, check [here](#).

### COVID-19 – Information for young adults

- The Multicultural Youth Affairs Network (MYAN) has launched a new [website](#). You can find information about MYAN meetings, programs for young people, upcoming events and training, the latest news, resources and reports.
- **COVID Recovery Plan Discussions — Youth Action** (Western Sydney) Wednesday 20 October, 10am – 11am. Register [here](#).

### Mandarin COVID-19 information session



**When:** Wednesday 13 October, 12.30pm – 1.30pm.

**Where:** Join online [here](#)

The session will include speakers from NSW Health, Services Australia, Service NSW and NSW Police.

Topics will include what rules will be lifted from 11 October, where and how to get vaccinated; evidence of vaccination and financial support.

### Mental wellbeing & COVID-19 – Information for families

#### Keeping well during the pandemic: in-language webinars

These free webinars will address the impacts of the COVID-19 pandemic on our mental health and wellbeing, and help available.

For more information or to register for a webinar in your language click [here](#). Places are limited to 30 participants for each webinar. A waitlist is available if webinars are fully booked.



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# Keeping families and children well

## COVID-19 Bulletin

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### National Carers' Week 10-16 October

#### 2021 Theme: Millions of Reasons to Care

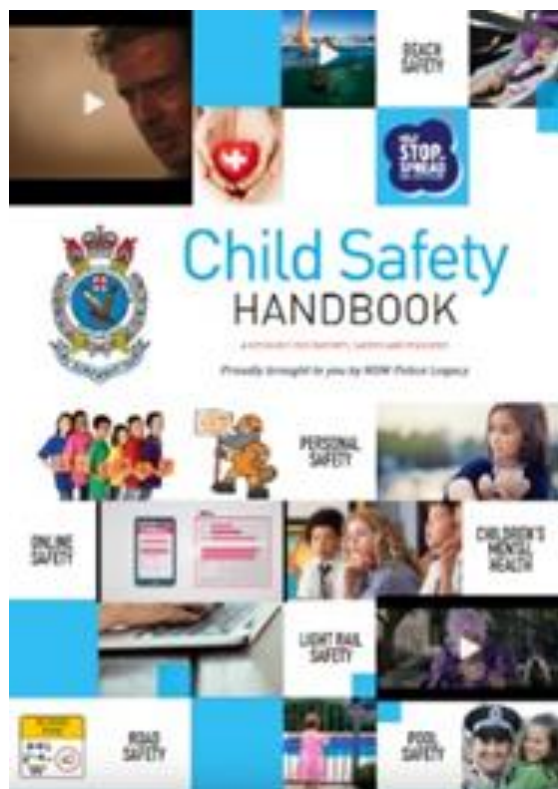
National Carer's Week recognises and celebrates the 2.65 million Australians who provide care and support to a family member or friend who has a disability, mental illness, alcohol or drug dependency, long term health condition or who is frail due to age. Read more [here](#). Upcoming NSW events [here](#).

Thank you to all our carers in Western Sydney! Thank you for the essential role you play in the health and wellbeing of those you care for.

We recognise that caring can be challenging at times and support is available [here](#).



### New resources



In language COVID-19 print and web resources available [here](#). You can search resources by language [here](#).

#### Updated and new resources:

- What is herd immunity [video](#).
- [NSW Child Safety Handbook – 2021 First Edition](#) includes information on COVID-19, healthy eating, active living, bushfires and more.

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### Healthy@Home



**Healthy@Home**

**Healthy snack ideas for school days**





**Hands up if you've heard your child say "I'm hunnnngry..." or "What can I eat?" more than once today?**

For some, extra time at home can lead to boredom eating and eating outside of the usual meal times. Kids need good nutrition for healthy growth and brain development.

Here are some quick and easy healthy snacks for your home pantry:

- Boiled egg, banana, hummus and carrot sticks, baked beans on toast
- Plain popcorn, wholegrain rice crackers. More ideas [here](#)

### COVID-19: Need more information or help?

Websites:

- Check [latest announcements](#) and [NSW Health COVID-19 information](#)
- Check Australian Government [COVID-19 information](#)
- Follow NSW Health on [Facebook](#) and [Twitter](#)
- Visit [www.healthdirect.gov.au](http://www.healthdirect.gov.au) to check symptoms
- Visit <http://www.nsw.gov.au/covid-19> for all other COVID-19 related information
- Visit [COVID-19 Community Resources website](#). Subscribe [here](#).

Who to call:

- Call National Coronavirus Hotline on 1800 020 080 (24/7) for health questions or to check symptoms
- Call Service NSW on 13 77 88 (24/7) for non-health related questions
- Call Beyond Blue on 1800 512 348 (24/7) for mental wellbeing support
- Call Translating & Interpreting Service on 13 14 50 for FREE help in your language
- Call COVID-19 Let's Talk on 8890 5236 to talk about stress and lifestyle changes during COVID-19

Resources:

- [Coronavirus Australia app](#)

### Feedback – we would love to hear from you

We appreciate any feedback or suggestions you have on our 'Keeping families and children safe – COVID-19 bulletin.

Please click [here](#) to complete our short bulletin survey. Thank you.

*Information is current at date of issue – 7 October 2021*

***We acknowledge the Darug people, the traditional custodians of the land/s on which we work, and pay respect to elders past, present and emerging.***

**For information:**

**Western Sydney Local Health District – Centre for Population Health**

E: [WSLHD-LLWats@health.nsw.gov.au](mailto:WSLHD-LLWats@health.nsw.gov.au), [WSLHD-munchandmove@health.nsw.gov.au](mailto:WSLHD-munchandmove@health.nsw.gov.au)

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