



# NORTHMEAD NEWSBREAK





# NORTHMEAD NEWSBREAK



# Northmead Newsbreak ... Principal's Update



Our school acknowledges the Traditional Custodians of the land on which Public School was Burramattagal Darug nation. We deep connection We pay our Elders past, emerging and

Northmead built - the people of the honour their to Country. respects to present and extend that

respect to all Aboriginal and Torres Strait Islander people. We ask all people that walk, work and live on traditional Aboriginal lands to be respectful of culture and tradition of Country. We extend our acknowledgement of and respect to all First Nations people of the world.



## DEAR NORTHMEAD FAMILIES

And here we are at Term 4 and our last term together for our outgoing Year 6, who were in Year 3 when I was appointed to the school in 2019! To our Year 6 students, whether you've been at Northmead since Kindergarten, or arrived here later in your school life, we wish you a wonderful final term. Cherish the memories of your school life at Northmead and particularly of Term 4 and all the special Year 6 events you'll share with your peers and teachers. You will remember this year and all the years of your primary schooling with great fondness as you move into High School and the life that awaits you in your future. I still remember the names of each of my teachers from Kindergarten to Year 6 and see their faces so clearly. They started me on a road of learning and trying always to be curious about the knowledge and experiences in the world around me. I wonder what your fond memories of Kindergarten to Year 6 will be?

## K-2 ATHLETICS DAY – HOW FUN!

2020-2021 and all the COVID restrictions seem a bit of a blur and were washed away by the incredibly fun day our K-2 students and teachers had on 11 October. We were very impressed by our Stage 3 students who helped the K-2 team immensely on the day and looked like they were also having a fun day of athletics. Posy the Possum also delighted the students greeting them and taking part in the Teacher's race as well! It was just an absolute joy to be able to have families share this day with us.



## ARE YOU MOVING ELSEWHERE IN 2023? PLEASE LET US KNOW NOW!

In order for us to be up to date for 2023 class planning and staffing organisation, we ask that **families with students in K-Y5 who already know they will not be returning to Northmead P.S. in 2023, please inform the school by phone call or email as soon as possible.**

## CONGRATULATIONS AISAKE!



As an up and coming football star, Aisake must have had an amazing night at the Dally M Awards, meeting sporting heroes of the NRL and presenting on stage. What an amazing Year 6 memory this special night will always be for him!

## PRINCIPAL'S "P.S."

At Northmead, we have started our final term with positive learning and engaging activities for all students. I encourage every student to make the most of their learning and school life experiences in this final 2022 school term. You make a difference to your life and the lives of others by striving to be best person you can be each day and never failing to see the small and big opportunities available everyday, to learn more about yourself, others and the world we live in. Perhaps Term 4 is your chance to show your classmates, your parents/carers, your teachers, but most of all **yourself**, what you can achieve when you put in your maximum effort. You will reap the rewards of your actions and I know you will have a huge smile in your heart because of what you showed yourself you were capable of. I believe in you...You CAN!

*"Success is the sum of small efforts, repeated day in and day out."* Robert Collier

*I look forward to chatting with you again in our next Northmead Newsbreak ... Mrs Anne Eggy (Principal)*

# IMPORTANT TO KNOW WHAT'S AHEAD @NORTHMEAD



## SELECTIVE HIGH SCHOOL INTENTION TO APPLY – YEAR 5

A note was sent to all Year 5 families on Monday 17 October including links to the on-line application and an “intention to apply” notification to send back to the school. The intention to apply is **not** an application.

If you would like to have your child considered for Year 7 selective high school entry in 2024, you need to apply on the internet using a valid email address (**not the student's email address**). Detailed instructions on how to apply and the link to the online form are available at:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

A detailed information booklet for applicants/families has been emailed to all Year 5 families via SchoolBytes and is also available on SkoolBag and our website.

**Applications open on 18 October 2022 and close on 16 November 2022.**

- **You must apply before the closing date.**
- **You must submit only ONE application for each student.**
- **The Selective High School Placement Test will be held on Thursday 4 May 2023.**
- The tear-off slip that was sent home Monday 17 October is NOT an application, it is to advise the school that you intend to apply.
- **The school cannot apply on your behalf.**
- **APPLY USING THE ONLINE FORM AT:**  
<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

## COVID UPDATE

Specific information regarding COVID-safe advice around particular school operations, including events, large gatherings or performances planned for Term 4 will be communicated by the school to our community, P&C Executive and committees as well as relevant Year cohorts, including planned end-of-year and Year 6 activities.

You can find more detailed information here: <https://education.nsw.gov.au/covid-19/advice-for-families>

**Students and staff should continue to stay home when sick. Students, staff and visitors should only attend school when they are symptom free.** We strongly encourage all students, staff and visitors to follow the [guidance issued by NSW Health](#)<sup>External link</sup>. **We will continue to send home students or staff displaying symptoms.**

## NEXT UP AT NORTHMEAD

Check the N.P.S. “Next Up” Calendar and notes sent home to advise of upcoming events including:

- \* School Disco 20 October K-2/3-6 (*notes sent home*)
- \* Kindergarten Orientation School Visits start Wednesday 26 October
- \* P&C Zoom Meeting Wednesday 26 October 7pm
- \* Group Photo Day Monday 7 November
- \* Remembrance Day 11 November
- \* Presentation Days (*Save the dates full details to follow*)
  - ✚ K-2 Monday 5 December }
  - ✚ 3-6 Tuesday 6 December }
- \* End-of-Year Student Party Days:
  - ✚ Kindergarten Thursday 15 December (at school)
  - ✚ Stage 1 – Friday 16 December
  - ✚ Stage 2 – Thursday 1 December
  - ✚ Stage 3 – TBA
- \* Year 6 Farewell Dinner Thursday 8 December
- \* Student reports emailed home Thursday 15 December
- \* **Last day for students now Friday 16 December**  
(*please email the school if you require minimal supervision for your child Monday 19 December which is now a Staff Development Day for all NSW schools*)

# UNIFORM CHANGES AHEAD

## Phase 1 – Academic Uniform

### Academic Uniform – Unisex



Northmead Public School  
Academic Uniform



Reji  
UNIFORMS

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#### Summer

- Short sleeve sublimated fabric polo shirt in navy blue with aboriginal inspired artwork (front and back) representing pathways and yarnning circles.
- Navy elastic drawstring waist shorts suitable for boys and girls.

#### Winter

- Long sleeve polo in the same design and colourway as the short sleeve shirt.
- Navy elastic drawstring waist trousers suitable for boys and girls.

### Objective | Wellbeing

The purpose of these changes is to update and provide inclusive, modern, easy wear and easy wash uniform options that are comfortable for NPS students to learn and play in. It will simplify the number of uniform options we currently have. The new uniform will:

- ❖ encourage physical activity
- ❖ provide a non-gender specific uniform providing options for girls if they choose
- ❖ considers affordability and comfort for all body types and the variety of learning and play/sport activities they will be worn for
- ❖ provides cohesive mix and match options year-round as opposed to Summer vs Winter choices
- ❖ the change process will take up to 3 years and students may wear items from the current school uniform that will be discontinued if parent choose not to purchase new uniform items immediately
- ❖ the Sports shirt option will be “Phase 2”

### Supply and Purchase

The storyboard artwork and samples presented have been provided by our current uniform supplier Reiji Uniforms. Reiji are a family owned; Sydney based business with whom the school/P&C Uniform Shop has had a long standing relationship.

### New Uniform Shirt Fabric

All polo shirt options will be made from fully dye sublimated polyester micro-mesh fabric with moisture wicking and antibacterial technology. They have a smooth finish, and they are cool to wear.

### The NPS uniform will be simplified to include:

- ❖ Navy short sleeve easy wear polo shirt
- ❖ Navy long sleeve easy wear polo shirt if students prefer a long sleeve option or for cooler weather
- ❖ Navy shorts or pants (unisex with elastic drawstring)
- ❖ Existing navy jazz pants will still be available
- ❖ Navy skort option for girls (Summer or Winter) and navy stockings or tights may be worn underneath. The skort has built-in stretch undershorts.
- ❖ Royal blue short sleeve **sports** polo shirt which includes house colours (Phase 2 – see next page)
- ❖ White socks for all

### Phase 1 Academic Uniform January 2023

The new academic uniforms are planned to be introduced for our 2023 Kindergarten. However the uniform will be available in all sizes for families to purchase for students K-6 if they wish. Families can continue with the current uniform choices if they are not yet ready or in a position to purchase the new uniform items. Grey shorts and pants will be phased out from this year and navy options will be available to purchase.

#### Items to be discontinued:

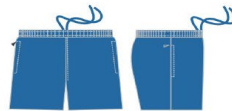
- ❖ Girls summer and winter tunics
- ❖ Girls sky blue peter pan shirts
- ❖ Grey stockings/tights (not sold by Uniform shop)
- ❖ Boys grey shorts and pants
- ❖ Grey socks
- ❖ V-neck jumpers (once current stock is sold)

## UNIFORM CHANGES AHEAD Phase 2 – Sports Uniform

### Sports Uniform



Northmead Public School  
Sports Uniform



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#### Summer

- Short sleeve sublimated fabric polo shirt in royal blue. Colours will be introduced to represent NPS sporting houses coming together for sports events.
- Existing unisex microfibre shorts.
- Existing girls stretch microfibre skort.

#### Winter

- Existing stretch microfibre long pants.
- Existing fleece jumper/zip jacket.

## UNIFORM CHANGES AHEAD Phase 2 – Sports Uniform

- ❖ A new royal blue sport polo shirt featuring house colours will be phased in over time while we manage the stock still available of the current sport shirt
- ❖ Sport shorts, skorts and pants will remain in royal blue. The colour provides a point of difference to the academic uniform.

## Old and New Uniform Price Comparisons

Old Uniform Combinations	Price	New Uniform Combinations	New Price Estimate
Summer Tunic	\$58.00	New Short Sleeve Polo Shirt and Navy Shorts	\$61.00
		New Short Sleeve Polo Shirt and Navy Skort	\$82.00
Winter Tunic and Long Sleeve Peter Pan Shirt	\$87.00	Navy Skort and New Long Sleeve Polo Shirt	\$87.00
Long Sleeve Peter Pan Shirt and Navy Jazz Pants (4-14)	\$72.00	New Long Sleeve Polo Shirt and Jazz Pants (4-14)	\$84.00
		New Navy Elastic Drawstring Waist Pants and Long Sleeve Polo Shirt	\$77.00
		New Short Sleeve Polo Shirt and Navy Elastic Drawstring Waist Pants	\$72.00
		New Short Sleeve Polo Shirt and Navy Jazz Pants (4-14)	\$79.00
Old Sport Polo	\$33.00	New Short Sleeve Polo Shirt	\$36.00

## UNIFORM CHANGES AHEAD

### Price Comparison

- ❖ The mix and match nature of the new uniform allows for cheaper combinations
- ❖ The ability to wear short or long sleeve shirts year round may also provide a cost saving for families
- ❖ Unisex uniforms will allow families to utilise “hand-ons” between brothers and sisters for cost effectiveness

### Other Information

- ❖ Royal blue fleece zip jackets and v-neck jumpers will remain until stock levels are sold
- ❖ The current v-neck fleece jumper will be sold down and phased out as it is not a popular item
- ❖ Navy fleece zip jacket or other lightweight zip jacket options will then be considered/introduced.
- ❖ School bags and library bags will change to navy.
- ❖ Navy hat options will be sourced/introduced once current royal blue stock levels are sold

- ❖ Items such as navy shorts and pants or royal blue sports shorts and pants can be sourced from department stores if families would prefer a cheaper generic option to go with the new shirts

## Other Uniform Items

### Shoes

- Academic uniform - black school shoes
- Sports uniform - sports runners/joggers



### Socks

- White socks for all students



### Tights/Stockings/Leggings

- Navy blue tights/stockings/leggings may be worn under the new navy skirt.



### Hats

- Royal blue bucket hat/slouch hat with NPS crest. Colour change to Navy to be considered in future.



## Consultation

The following proposal for changes to Northmead Public School's uniform has been provided in consultation with:

- The Principal, Mrs Anne Ezzy
- Members of the NPS P&C Executive and Uniform Committee
- Suppliers

Changes take into consideration feedback from surveys received by the school from:

- Students
- Parents/carers
- Staff

Uniform samples and designs have been sourced at the request of the Principal and have been approved unanimously by the school executive team.

# Next Up at Northmead



Term 4	Monday	Tuesday	Wednesday	Thursday	Friday
W3 Year 3-5 Checkin Window	24 Oct	25 Oct	26 Oct Gymnastics K-1 Kindergarten Orientation Kindy Tennis	27 Oct	28 Oct PSSA Rd 3  World Teacher's Day
W4 Year 3-5 Checkin Window	31 Oct	1 Nov	2 Nov Gymnastics K-1 Kindergarten Orientation Kindy Tennis	3 Nov	4 Nov PSSA Rd 4
W5	7 Nov Extra Curricular Photos	8 Nov	9 Nov Gymnastics K-1 Kindergarten Orientation Kindy Tennis	10 Nov	11 Nov PSSA Rd 5
W6	14 Nov  Todd Woodbridge Cup	15 Nov  Brolga Dance Incursion	16 Nov Gymnastics K-1  Kindy Tennis	17 Nov	18 Nov PSSA Rd 6
W7	21 Nov	22 Nov	23 Nov Gymnastics K-1 Kindy Tennis	24 Nov	25 Nov PSSA Rd 7
W8	28 Nov	29 Nov	30 Nov Gymnastics K-1  Kindy Tennis	1 Dec Stage 2 Party Day. Sydney Zoo	2 Dec PSSA Rd 8 Band Show Case
W9	5 Dec  K-2 Presentation Day. 9.15am Start	6 Dec  3-6 Presentation Day. 9.15am Start	7 Dec Gymnastics K-1 Kindy Tennis	8 Dec Year 6 Farewell. Norwest Ridges	9 Dec
W10	12 Dec  K – 2 Christmas Concert	13 Dec	14 Dec Gymnastics K-1 K Tennis	15 Dec Kindergarten Party Day – incursion	16 Dec Stage 1 Party Day. Sydney Zoo  Year 6 Graduation & Ringout.
W11	19 Dec Staff Development Day	20 Dec Staff Development Day	21 Dec	22 Dec	23 Dec

- Stage 3 Party day – due to the venue double booking we are in the process of finding another date.





*To all our families who celebrate Diwali,*

*May your Diwali be filled with warmth and joy, and that the year ahead is peaceful and prosperous.*

*From Northmead Public School*



Diwali takes place annually and lasts for five days, marking the start of the **Hindu New Year**. The word **Diwali** (or **Deepavali**) means “**row of lights**”. During this festival, people decorate their homes with lights and oil lamps, called **diyas**. Hindus, all around the world participate in this special celebration, as do other religious groups including Jains and Sikhs.

At NPS we will be acknowledging and teaching our students about Diwali on **Monday 24<sup>th</sup> October (Week 3)** in the following ways:

**Cultural Dress:** Children who celebrate Diwali may come to school in traditional clothing (must wear enclosed shoes).

**Wear something bright with your uniform:** All students may add something bright in colour to their **uniform** - socks, ribbons, hat, etc.

**Diwali Lunch Pack:** The canteen will be preparing a ‘Diwali lunch pack’ which students may order via the Qrk! App. There will be meat and vegetarian options which will include naan bread and a sweet.

**Share with your class:** If your child celebrates Diwali, they may like to bring in something special to share with their class about the event e.g.: photos, a story book etc.

**Activities:** Students will learn about Diwali in class.

*Kind regards,  
Melanie Fletcher  
EAL/D Co-Ordinator*

# Message of Support



As you may be aware, many Iranian citizens are striking in Iran for Women's Rights. These strikes have been met with fierce opposition. We understand that this may be very distressing for our Iranian communities now living in Australia, who would have family and friends living in Iran. Our thoughts and wishes for peace and safety for all are with our NPS Iranian families and those with connections to Iran.

If you or someone you know has been impacted by the events in Iran and require support the following services are available:

- [STARTTS](#) For those who arrived in Australia at any time as a refugee.
- [Lifeline](#) a free interpreting service is also available for 13 11 14. To access this service: 1. Call TIS on 131 450 and ask to talk to Lifeline on 13 11 14 in the language required. 2. TIS will call 13 11 14 on behalf of the caller.
- [Beyond Blue](#)





# NORTHMEAD PUBLIC SCHOOL

Cnr. Moxhams and Kleins Roads Northmead NSW 2152  
T: 02 9630 3133



Dear Northmead Public School families:

## **Last day of Term 4 for Students is Friday 16 December 2022**

As we commence the last term for 2022, I want to thank you for your ongoing support and notify you of a date change for the last day of Term 4 classes. This change to students' final day for 2022 was communicated to principals Friday 7 October by the NSW Department of Education.

## **Students will now finish school on Friday 16 December 2022.**

This is due to an additional School Development Day announced for staff across NSW public schools for the implementation of the new Curriculum from 2023.

School Development Days allow staff to participate in professional learning that was put on hold due to COVID-19 staffing pressures and also to plan ahead for 2023 to ensure we meet the needs of our students.

## **With this change, we ask that you arrange alternative care for your child on Monday 19 December.**

**There will be no classes on Monday 19 December.** If you cannot arrange alternative care for your child for Monday 19 December, please advise the school by email or ring the school's office so we are aware of the number of students requiring minimal supervision on Monday 19 December. This means students would be in mixed cohorts, they will not be in their own classroom and will be supervised by a casual teacher and not their 2022 teacher.

If you have any questions or concerns, please contact me at the school.

With kind regards,

*Mrs Anne Ezzy*

**Principal**

**11 October, 2022**

# Northmead Public School

## KINDERGARTEN 2023



### INFORMATION EVENING

**Wed 19th Oct 2022**  
6.30pm via Zoom

**Meeting ID**  
674 4371 4484

**Passcode**  
060778

If you have a child starting Kindergarten in 2023 this is a great opportunity to get more information.

### ORIENTATION DATES

**Wed 26th Oct 2022**

**Wed 2nd Nov 2022**

**Wed 9th Nov 2022**

### DATES FOR 2023

#### Best Start Appointments

Tues 31st Jan 2023  
Wed 1st Feb 2023  
Thurs 2nd Feb 2023

#### First Day of School

Mon 6th Feb 2023





# NORTHMEAD PUBLIC SCHOOL

Cnr. Moxhams and Kleins Roads Northmead NSW 2152  
T: 02 9630 3133



Dear Northmead Parent/Carer of Year 5 students:

## **Intention to apply for Year 7 placement in a selective high school in 2024**

Selective high schools cater for academically gifted students with high potential who may otherwise be without sufficient classmates at their own academic standard. Selective high schools help these students to learn by grouping them with students of similar ability, and by using specialised teaching methods.

If you would like to have your child considered for Year 7 selective high school entry in 2024, you need to apply on the internet using a valid email address (***not the student's email address***).

Detailed instructions on how to apply and the link to the online form will be available in early-October 2022 at:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

A detailed information booklet for applicants/families has been emailed to you via SchoolBytes and is also available on SkoolBag and our website.

Applications open on 18 October 2022 and close on 16 November 2022. You must apply before the closing date.

You must submit only ONE application for each student.

- The Selective High School Placement Test will be held on Thursday 4 May 2023.
- The tear-off slip below is NOT an application, it is to advise the school that you intend to apply.
- **The school CANNOT apply on your behalf.**

Yours sincerely,

*Mrs Eggy*

Principal

*Ms Preiss*

Assistant Principal Stage 3

*Mr Gerrie*

Deputy Principal

Cut along the dotted line on the next page and return the completed slip below to this school by:  
**17 October 2022.**

**THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL.  
This is a notice to your primary school only that you intend to apply.**

**TO APPLY GO TO THE ONLINE FORM AT:**

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

Email: northmead-p.school@det.nsw.edu.au

Website: <https://northmead-p.schools.nsw.gov.au>

**THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL.**

**This is a notice to your primary school only that you intend to apply.**

**TO APPLY GO TO THE ONLINE FORM AT:**

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

**===== Cut here and return the note below to your child's class teacher by 10 November =====**

**Intention to apply for Year 7 placement in a selective high school in 2024**

Student's name: \_\_\_\_\_

Class: \_\_\_\_\_

I intend to apply for selective high school entry in Year 7 in 2024 for my child through the Selective Education Unit website between 18 October 2022 and 16 November 2022. I am aware that this is not an application and that the school cannot apply on my behalf.

Signature of parent/carer: .....

Date: \_\_\_ / \_\_\_ / 22

# School Travel

## Term 4 2022

### 2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

### Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at [transportnsw.info/travel-info/using-public-transport/school-travel](https://transportnsw.info/travel-info/using-public-transport/school-travel)

Enquiries can be submitted at [transportnsw.info/contact-us/feedback/passes-concessions-feedback](https://transportnsw.info/contact-us/feedback/passes-concessions-feedback)



# P&C NEWSFLASH

*Northmead Public School P&C Association*



## WELCOME TO NEW FAMILIES

The P&C would like to welcome our new Kindergarten families to school for orientation this term.

We are proud to have been able to once again donate a brand new library bag for each kindergarten student beginning their schooling at Northmead Public School in 2023. Students will receive these as part of their welcome pack at orientation next week.

Our new school uniforms will be on display and volunteers will be available to answer questions at next week's orientation session on Wednesday 26th October. We look forward to meeting you there.

## DATES FOR THE DIARY

**Next P&C General Meeting:**  
Wednesday 26th October 2022  
7pm via ZOOM

## CONTACT US

**NPS P&C Association:**  
[northmeadpublicschool@pandcaffiliate.org.au](mailto:northmeadpublicschool@pandcaffiliate.org.au)

**The Clothing Shop**  
[npsclothingshop1@gmail.com](mailto:npsclothingshop1@gmail.com)

**Canteen**  
[ourschoolcanteen@gmail.com](mailto:ourschoolcanteen@gmail.com)

**NPS Band**  
[npsband@hotmail.com](mailto:npsband@hotmail.com)

## CLOTHING SHOP UPDATE

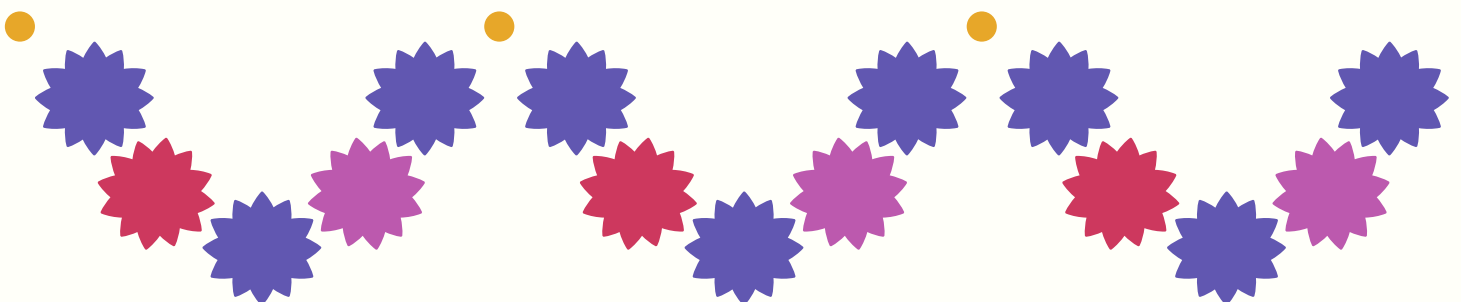
To all who have ordered school uniforms early for next year, your support in helping the Clothing Shop prepare for the transition to our new design is greatly appreciated. Further opportunities to order will be provided later this term after Kindergarten 2023 orders have been processed.

Kindergarten ordering will open in time for the first Kindergarten orientation session next week. Information on how to order and uniform options will be provided in orientation information packs and can be found on the kindergarten website. P&C volunteers will be available on Wednesday 26th October to answer questions on the new uniforms. **All orders are to be made via Qkr! You will be notified when your order is ready to collect from school.**

Additional information and sizing charts can be found on SchoolBag and the school website. Please email the Clothing Shop at **npsclothingshop1@gmail.com** if you need further assistance.

## CANTEEN UPDATE

The canteen will be celebrating Diwali on Monday 24th October with some amazing lunch boxes filled with treats. Order a chicken box or a vegetarian box including samosas, savoury rice, tandoori chicken, naan bread and a sweet treat. **Order via Qkr!**



# SECOND HAND SCHOOL UNIFORM COLLECTION & RECYCLING



With the transition to our new school uniform, the P&C want to minimise waste and landfill by disposing of our old school uniforms in a sustainable manner.

The NPS Clothing Shop is running a second hand uniform collection during Term 4 from **Monday 24th October until Friday 11th November 2022** (Week 3, 4 and 5).

Second hand NPS school uniform items can be dropped in the **YELLOW WHEELIE BIN** in the school foyer during this time.



Donations will be sorted and distributed as follows:

#### **NPS Clothing Shop Second Hand Sales:**

School jackets, jumpers, sports polos, sports shorts, sports skirts, sports pants and jazz pants

**Charities or local schools:** Plain grey shorts and pants, and light blue peter pan blouses in good condition

**Recycle:** Uniforms that are no longer good enough to wear including hats, monogrammed NPS grey shirts and summer and winter tunics

# upcoming sessions



headspace is offering free mental health education webinars in Term 4 for Parents and Carers in **Western Sydney**. Follow the links to register.



## Connecting and communicating with my young person

Date: Wednesday, 26 October 2022

Time: 12:00 - 1:15pm AEDT

Location: Online webinar

Registration: <https://bit.ly/3DUMAZZ>

This session aims to:

- Strengthen knowledge and understanding of the mental health challenges facing young people today
- Increase awareness of your young person's emotions, thoughts, feelings, and behaviours
- Identify opportunities for connection with your young person and enhance your conversational approach
- Introduce skills and strategies to encourage and support help-seeking



## Navigating uncertainty and change

Date: Tuesday, 22 November 2022

Time: 6:00 - 7:15pm AEDT

Location: Online webinar

Registration: <https://bit.ly/3Rc39KS>

This session aims to:

- Strengthen understanding of how young people can be affected by change and uncertainty
- Build skills and strategies to support young people who are navigating change
- Identify signs that young people may need additional support
- Build awareness of local, state, and national supports available to young people



**For more information:** Contact us at [programsupport@headspace.org.au](mailto:programsupport@headspace.org.au)